

# Ballynure Primary School

## Newsletter

Website [Ballynureps.org](http://Ballynureps.org)

24<sup>th</sup> March 2022

Dear Parent/Carer

### **HEALTHY BREAK SURVEY**

At the school, we are committed to healthy eating. At break time we enjoy healthy snacks because they help us grow properly, do our best in school and make us healthy and happy in the future. We would encourage our pupils to bring the following items for their break;

- Fresh fruit and vegetables (please ensure all fruit/vegetables are cut properly for your child, especially grapes and apples to avoid choking)
- Bread based snacks
- Tap water or unflavoured, still bottles water (NO juice) For further information and healthy break ideas have a look at the Public Health Agency website [www.enjoyhealthyeating.info](http://www.enjoyhealthyeating.info)

This week the Primary 7 class carried out a survey on our Healthy breaks. The results are as follows:

Primary 1 72%

Primary 2/3 74%

Primary 3/4 90%

Primary 4/5 100%

Primary 6 59%

Primary 7 87%

Well done to Mrs Galashan's class.

### **BIRTHDAY PARTY INVITATION**

A number of children have been upset in class recently as they have been the only children in the group ie whole class, or boys in the class group or girls in the class group who have not been given an invitation. The children perceive this as hurtful and it makes them upset. The class teacher has to deal with this in class. While we fully appreciate the birthday parties are expensive, numbers are limited and the children have their own friends and that parents can invite whoever they wish, we would ask that birthday invitations are not sent into school for distribution unless a) the whole class is invited or b) the whole group of boys in the class is invited or c) the whole group of girls in the class are invited, otherwise please arrange for the invitations to be sent outwith school.

### **ADVANCE HOLIDAY NOTICE 2022**

Easter Holiday

Monday 11 – Friday 22 April inclusive. Friday 8<sup>th</sup> April 12.00 noon finish.

**There will be no school meals or bus available.**

May Day

Monday 2 May 2022

### **SCHOOL PHOTOGRAPHER**

The school photographer will be in school to take Year Group, family and individual photographs on Tuesday 10<sup>th</sup> May.

### **WATER BOTTLES**

Please ensure your child comes to school each day with their filled water bottle. A few water bottles with no name have been left into reception. If your child is missing a water bottle please collect the water bottle after school today or tomorrow from the table in the porch.

### **LOST PROPERTY**

With the weather changing and the sun out, more jumpers and cardigans are being left behind in the playground which have no names on them. Please ensure that all items of clothing are named in order that they may be

returned to the rightful owner. The lost sweatshirts and cardigans will also be available for identification and collection today and tomorrow from the school porch.

### **SCHOOL MEALS MENU**

**Monday 28<sup>th</sup> March – Friday 1<sup>st</sup> April**

**For further information on allergenic ingredients, please contact the school**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Chicken Curry with ½ Rice & Chips  &  Fresh Fruit & Yoghurt	Steak Burger in a Bap, Coleslaw & Seasoned Diced Potatoes  &  Chocolate Sponge, Pears & Chocolate Sauce	Fish Fingers, Mash Potatoes & Beans with Crusty Bread  &  Fruit, Jelly & Ice Cream	Roast Chicken, Stuffing Diced Carrot & Parsnip Mashed & Oven Dry Roast Potatoes & Gravy  &  Fresh Fruit & Yoghurt	Pasta Bolognaise Carrot Batons & Crusty Bread  &  Frozen Yoghurt & Flakemeal Biscuit

E Doherty  
Principal