

Ballynure Primary School Newsletter

Website Ballynureps.org

23 September 2021

Dear Parent

NEURONIMO PROGRAMME, REVERSE THE TREND FOUNDATION

Reverse The Trend Foundation is a charity which works with Local Education Authorities across the UK. It provides programmes for children and young people aged 4-18 to help create healthy habits around mental and physical health. Last year I was offered the opportunity to participate in the programme for 2021-22. In light of the Covid-19 pandemic and effects, I purchased the programme for the whole school. The programme will teach children how their brains and bodies respond to fear, anxiety or impulsiveness and what actions they can take to manage responses, reactions and emotions.

The Neuronimo Programme uses age appropriate animation and characters to help children understand the brain and body connections. By helping to build resilience, it is intended to help children persevere through challenges which positively contribute to improved mental health.

We intend to start the programme week beginning 27th September. We expect the programme to run until Christmas. Please take time to talk to your child about the programme as it progresses through the weeks.

It is our intention that the programme would enhance existing and develop new life skills in a fun and memorable way.

BREAKFAST CLUB

Our Breakfast Club is a service which we offer to parents each morning. It is wholly dependent on pupils using/requiring it and is self-funding. Since the beginning of term uptake has been quite low.

I know that working patterns have changed for many people as a result of Covid-19 and perhaps the service is not required to the same extent.

The Governors will review the cost of the service against income at the end of September and will publish their decision on the school newsletter.

REMINDER: Due to PHA Guidelines and continuing with our class bubbles, pupils are unable to attend Breakfast Club without having already confirmed their days attending, with payment having been made to the school office, on a Friday for the following week.



Remember, Fit Friday continues tomorrow and every Friday thereafter for **all** classes.

COMMUNITY NEWS

Ballynure Methodist Church

Junior Sports Club, every Thursday night 6.30pm – 8.00pm, P1-P7, fee 50pence per week.

Please contact Mr Robert Stokes, 07773538120 or email rgstokes1@outlook.com for further information.

Register online at: www.ballyclaremethodistcircuit.com

The school has no means of endorsing the activities or events in Community News.

Parents are advised to ensure any activity is appropriate for their child.

*E Doherty
Principal*

SCHOOL MEALS MENU

Monday 27 September – Friday 1 October

For further information on allergenic ingredients, please contact the school

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Chicken Bites, Coleslaw, Chips or Baked Potato & Melon Wedges and Yoghurt	Chicken Curry and Boiled Rice, Naan Bread and Carrot Sticks & Chocolate Brownie with Fresh Fruit	Fish Fingers and Baked Beans, Mashed Potatoes, Wheaten Bread or Wholemeal & Fresh Fruit and Yoghurt	Roast Beef with Gravy, Batons of Carrot and Broccoli, Mashed and Oven Dry Roast Potatoes & Tinned Fruit and Ice Cream	Chilli Beef, Garden Peas and Rice & Sponge with Fruit & Custard

Breakfast Club Booking Slip

September 2021

Pupil's Name _____

Class _____

Please indicate which days your child is attending Breakfast Club.
£2.50 per pupil, per day.

Monday	Tuesday	Wednesday	Thursday	Friday

Please note that this booking slip, **MUST** be completed each Friday and returned to your child's class teacher, along with the correct money, so we are aware in advance how many children are attending Breakfast Club the following week. Breakfast Club **MUST** be booked and paid for in advance of any pupil attending.